



Volkssport Association of British Columbia CVF Director's Walk



YRE 310 Golden – 5/10 km – Rated 1B/2B

This walk qualifies for the CVF Scholar Walking Programs

Driving Directions from the Visitor Centre at 111 Golden Donald Upper Road. Exit the Visitor Centre and turn right on Golden Donald Upper Road, turn right at the stop sign onto Hwy 1, left on Hwy 95 South/Downtown (1.5 km). At the end of the ramp, turn right following Hwy 95 S and turn left into parking lot just after pedestrian crosswalk (3.0 km).

1. Cross 10th Ave. N at crosswalk. Continue on 5th St N to river.
2. RIGHT on dike along the Kicking Horse River. LEFT to cross the pedestrian covered bridge.
3. RIGHT on gravel dike trail at the end of the bridge. Follow trail until you see Canadian Helicopters, 400 Fisher Rd sign across the road (Fisher Rd unsigned). (1.4 km)
4. LEFT at Y- junction to cross road and continue on gravel trail. Note "Rotary Trail" sign once on trail. Follow "13th Street South" Trail, passing "The Orchid corner" memorial.
5. RIGHT at Y- junction (2.2 km). Always keep right. (Railway track on your right).
6. At end of trail, RIGHT on 5th Ave. S.
7. At 5th Ave. S / 111 St. S pass through the concrete barriers and continue on the path to end at 14th / 13th St S and 7th Ave. S.
8. RIGHT on 13th St S (3.4 km).
9. LEFT on 9th Ave S
10. RIGHT on 11th St S. View the house with the caboose. Pass the oldest houses in Golden and the Seventh Day Adventist Church.
11. Cross 10th Ave S. (Hwy 95) at crosswalk. RIGHT on 10th Ave S. (4.2 km)
12. LEFT on 14th St S, passing Golden Museum on your right.
13. RIGHT after Museum onto gravel road. (4.6 km) Chain link fence on your right. Gravel road curves left. Pass Playground sign.
14. At Rotary Trail sign on your right, enter trail to "Mount 7" (4.9 km).
15. LEFT at first road.
16. Just before road ends, at Rotary Trail Sign on your left, continue on "Mount 7" gravel trail. View the cemetery at the second side trail on your left. LEFT when you return to main trail. Keep on main trail. View of Reflection Lake and Rodeo grounds (with bleachers)
17. LEFT at Y-junction at Rotary Trail sign on your left.
18. RIGHT at gravel road (unsigned) (6.0 km)
19. LEFT on Spruce Dr.
20. RIGHT at stop sign onto Maple Dr.
21. At the end of Maple Dr, keep STRAIGHT on path with playing field on your right (7.2 km).
22. After playing field, enter path in trees. Keep STRAIGHT on main path with playing field on your right. LEFT at Y - junction to keep on main path.
23. LEFT downhill when trail splits
24. RIGHT on trail at back of school grounds.
25. RIGHT at Y - junction (7.9 km).
26. LEFT on dike trail, keeping Kicking Horse River on your right (8.2 km). Pass within sight of the Golden Secondary School (1500 - 9th St. S. and the College of the Rockies, Golden Campus, 1305 South 9th St.
27. Cross 10th Ave S (Hwy 95) at lights. RIGHT on 10th Ave S to cross bridge. Follow sidewalk as it curves left (9.5 km).
28. RIGHT at Petro Canada.
29. 30 LEFT at 10th Ave N to crosswalk and return to start (5.4 km / 9.9 km).

5 km Option: Cross 10th Ave. S. Continue on 11th St. S. LEFT on 12th Ave. S. to dike. LEFT on dike. Rejoin 10 km walk at #27.

5 km option rejoins the 10 km route.

We hope you enjoyed our walk!

If there are any problems with the instructions or the map, please contact:

David Cattrall 250-598-4316, vabc@volkssportingbc.ca



- Town Office
- Police
- Fire Hall
- Hospital
- Medical Clinic
- Airport
- Schools
- Local Information
- Provincial Visitor Center
- Campground
- Golden Museum
- Swimming Pool
- Golden Viewpoint
- Pedestrian Bridge
- Edelweiss Village
- Centennial Park
- Reflection Lake Park
- Confluence Park

- 1 Kicking Horse Mountain Resort
- 2 Golden Golf Course
- 3 Golden Arena
- 4 Mt. 7 RecPlex (Tennis/Basketball/Skateboarding Park)
- 5 Soccer Baseball Fields
- 6 Horseshoe Patch
- 7 Rodeo Grounds
- 8 Curling Rink
- 9 Playground

