



Volkssport Association of British Columbia CVF Director's Walk



YRE 103 Kamloops – 5 km – Rated 1B

This walk qualifies for the CVF Yellowhead Walking Program

This walk begins at the Hotel Five540Forty, 540 Victoria Street in downtown Kamloops. Parking and washrooms are available

1. Exit hotel. **LEFT** on **Victoria St.**
2. **RIGHT** on **6th Ave.**
3. **LEFT** on **St. Paul St.** and continue to **10th Ave.**
4. Cross at the light. Pass under the train tracks through the underpass. Continue straight ahead, passing Lorne Street on your left. The 1929 Sheep Breeders Association building on your left indicates the prominent role sheep raising played in early Kamloops.
5. At the corner of 10th Ave and River St, there is a small stone cairn indicating “**River Trail**” (1.3 km). Turn **LEFT** onto the path.
6. At T-junction, turn **LEFT**
7. **RIGHT** on **Lorne St.** (unsigned)
8. **RIGHT** on **8th Ave.** Follow 8th Ave to paved path.
9. Follow path with tennis courts on your left and South Thompson River on your right. Cross an aluminum bridge. Follow the path as it goes alongside Pioneer Park. Cross the entry road to the parking area to another stone cairn indicating “Rivers Trail”.
10. Stay on paved path between two stone markers (3.2 km). Take the path closest to the water. The City of Kamloops began purchasing parkland from the old Shuswap Lumber Mill in 1901. Riverside Park was developed as a picnic and swimming area with many beautiful trees planted, flower beds and a fountain installed and a beach and grandstand developed for community use. It remains the heart of the city.
11. Pass the Japanese Friendship Garden (Kamloops’ sister city is Uji, Japan. See plaque).
12. **RIGHT** at trail junction. Pass Hidee Saito Volunteer Memorial stone. Continue on path as it curves right and follows the river.
13. Turn around at the footpath bridge with a sign indicating (CYCLISTS YIELD TO PEDESTRIANS) and return into Riverside Park. Walk along the gravel path closest to the rail lines. Keep **RIGHT** at any junctions. Go through underpass going under the rail line.
14. Veer slightly to the **LEFT**. Cross the intersection to **1st and Victoria St.**
15. **LEFT** on **Victoria St** and return to the Hotel Five540Forty.

**Other Yellowhead walks are at Prince George,
Mount Robson and Hope**

We hope you enjoyed our walk!

If there are any problems with the instructions or the map, please contact:

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