



Volkssport Association of British Columbia CVF Director's Walk



YRE 103 Kamloops – 10 km – Rated 2B

This walk qualifies for the CVF Yellowhead Walking Program

This walk begins at the Hotel Five540Forty, 540 Victoria Street in downtown Kamloops. Parking and washrooms are available

1. Exit hotel. **LEFT** on **Victoria St.**
2. **RIGHT** on **6th Ave.**
3. **LEFT** on **St. Paul St.** (0.2 km) and continue to **10th Ave** (0.9 km)
4. Cross at the light. Walk through the underpass. Continue straight ahead, passing Lorne Street on your left. The 1929 Sheep Breeders Association building on your left indicates the prominent role sheep raising played in early Kamloops.
5. Continue **STRAIGHT** on **10th Ave.**
6. **RIGHT** on **River St.** (1.2 km)
7. Immediately after passing the Old Yacht Club Public Wharf, turn **LEFT** (1.5 km) and go up stairs to a paved pathway.
8. **LEFT** on paved pathway. **LEFT** at small circle planter. **RIGHT** at **Lorne St.** (unsigned) (2.1 km)
9. **RIGHT** on **8th Ave.** (2.2 km). Follow 8th Ave to paved path.
10. Follow path with tennis courts on your left and South Thompson River on your right. Cross an aluminum bridge. Follow the path as it curves left alongside Pioneer Park. Cross the entry road to the parking area to another stone cairn indicating "Rivers Trail". **RIGHT** on Rivers Trail (2.7 km).
11. Stay on paved path between two stone markers (3.6 km). Take the trail closest to the river. The City of Kamloops began purchasing parkland from the old Shuswap Lumber Mill in 1901. Riverside Park was developed as a picnic and swimming area with many beautiful trees planted, flower beds and a fountain installed and a beach and grandstand developed for community use. It remains the heart of the city.
12. Pass the Japanese Friendship Garden (Kamloops' sister city is Uji, Japan)
13. **RIGHT** at trail junction. Pass Hidee Saito Volunteer Memorial stone. Continue on paved path as it curves right and follows the river.
14. **RIGHT** to cross bridge. **RIGHT** after crossing bridge onto paved trail. (4.9 km) to McArthur Island Park.
15. **LEFT** at T junction to Overlander Beach (5.3 km). The paved trail becomes natural trail.
16. At chain link fence turn around (5.7 km) and retrace the route back over the bridge.
17. Return into Riverside Park. Walk along the gravel path closest to the rail lines. Chain link fence ends where gravel trail begins (7.0 km). Keep right at junctions to go under the underpass and immediately turn **RIGHT**.
18. At the first light, cross the street, turn **RIGHT**. Cross second light, turn **RIGHT** and proceed to 207 Victoria St West (Federal Bldg) (7.8 km)
19. Turn around. Walk to the light. **RIGHT** on the sidewalk uphill and curving right. Climb the set of stairs and continue straight onto McIntosh St (unsigned).
20. At the concrete road-support wall turn **LEFT**. Road merges with St. Paul St. **RIGHT** at **Lee Rd.** (8.2 km)
21. **LEFT** at end of barrier and one way street. **RIGHT** at **Battle St** and almost immediately, **LEFT** on continuation of **Lee Rd.** (8.3 km) Note markers on historical residences.
22. **LEFT** on **Nicola St.** W Take the time to read the history of the houses. **RIGHT** on **4th Ave.** **LEFT** on **Columbia St.** (9.1 km)
23. **LEFT** on **5th Ave.** (9.3 km)
24. **RIGHT** on Victoria St. to return to the Hotel Five540Forty. (9.8 km)

Other Yellowhead walks are at Prince George, Mount Robson and Hope

We hope you enjoyed our walk!

If there are any problems with the instructions or the map, please contact:

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