



Volkssport Association of British Columbia CVF Director's Walk



S-SEAS 095 Mt.Robson – 5/10 km – Rated 2B

This walk qualifies for the CVF Yellowhead Walking Program

Driving directions from the Tourist Information Centre at Mt. Robson: Exit the Tourist Information Centre. Turn **RIGHT** at Stop sign on Kinney Lake Rd (not signed). Drive to the Berg Lake Trail parking lot (about 2.2 km).

Although this is a mountain trail, the majority of the route is on a wide trail on which you will encounter other park guests. Mt. Robson Provincial Park was established in 1913, the second oldest park in BC and is part of the Rocky Mountain World Heritage Site, declared by UNESCO in 1990. Mount Robson is the highest peak in the Canadian Rockies.

Bug spray is recommended. Dogs are allowed on the trail but must be on a leash.

1. Park as soon as you enter the parking lot. Walk through the parking lot around the circle with picnic tables on your left. Cross the pedestrian bridge and proceed on the trail. At about 0.9 km there is a good view of Mt. Robson as the trail curves to the right.
2. 1.0 km: "Avalanche track" sign on your left and 1.0 km marker on your right.
3. 1.6 km Sign "Big Mountains, Big Trees"
4. 2.25 km: There is a good lookout to the river and falls just past a yellow Danger sign.
5. 2.28 km: Bench and sign "Quartzite from Seabed". This is the turn around point for the 5 km route. If doing 5 km, turn around and return to the parking lot.
6. 2.84 km: Sign: "Bird that flies under water"
7. 3.41 km: Sign: "Lichens Love It Here"
8. 3.49 km: Wooden walkway.
9. 3.95 km: Sign: "A Cross-section of Time" There is a good view of Mt. Robson.
10. 4.52 km: Sign: "Home is a Heap of Talus"
11. 4.56 km: Cross wooden bridge.
12. 4.62 km: Left at Y junction and by picnic tables to go along Kinney Lake. When it is sunny and the water calm, there are beautiful reflections on the lake.
13. Pass Kinney Lake sign.
14. 4.96 km Go to the bench and turn around on the trail when it starts to curve away from the lake.
15. Turn around and retrace your route. Toilets are available on the left (signed) before crossing the pedestrian bridge.
16. Retrace your route until you are back at the parking lot (9.92 km).

Other Yellowhead walks are at Kamloops and Hope:

We hope you enjoyed our walk!

If there are any problems with the instructions or the map, please contact:

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