



Volkssport Association of British Columbia CVF Director's Walk



PT 310 Golden – 5/10 km – Rated 1B/2B

From Highway 1, turn west (left if coming from east, right if coming from north) on Hwy 95 South/Downtown. At the end of the ramp, turn right following Hwy 95 S and turn left into parking lot immediately after pedestrian crosswalk near end of 5 St N. If coming into Golden from the south on Hwy 95, go through town, over the bridge over the river and look for the parking lot on your right opposite 5 St N.

1. Cross 10th Ave. N (Hwy 95) at crosswalk. Continue on 5th St N, crossing 9th Ave at a pedestrian crossing, to walkway to river. (washrooms)
2. Veer LEFT to dike. RIGHT on gravel dike along the Kicking Horse River. LEFT to cross the pedestrian covered bridge.
3. RIGHT on gravel dike trail at the end of the bridge. Follow trail until you see a brown signpost pointing to Reflection Lake Overlook to the left. Turn LEFT, cross the road (Fisher Rd unsigned). (1.4 km)
4. Another "Rotary Trail" sign points to Reflection Lake Overlook. Continue on gravel trail. passing "The Orchid Corner" memorial.
5. RIGHT at Y- junction (2.2 km). Always keep right. (Railway track on your right). At end of trail, RIGHT on 5th Ave. S.
6. At 5th Ave. S / 11 St. S pass through the concrete barriers and continue on the path to end at 14th / 13th St S and 7th Ave. S. (3.4 km)
7. RIGHT on 13th St S. LEFT on 9th Ave S. RIGHT on 11th St S. View the house with the caboose. Pass the oldest houses in Golden and the Seventh Day Adventist Church.
8. Cross 10th Ave S. (Hwy 95) at crosswalk. (4.2 km)
5 km walkers: Continue on 11th St. S. LEFT on 12th Ave. S. then straight ahead crossing 9th St. S. LEFT on dike. Rejoin 10 km walk at #18
9. RIGHT on 10th Ave. S. LEFT on 14th St S, passing Golden Museum on your right. RIGHT after Museum onto gravel road. (4.6 km) Chain link fence on your right. Gravel road curves left. Pass Playground sign.
10. RIGHT on gravel path. (walk around 2 red/brown posts and chain. **(4.9 km)**). LEFT at main path.
11. Just before trail joins highway, LEFT on a path at a Rotary Trail sign to 'Reflection Lake Overlook'.
12. Go uphill; enjoy view of Reflection Lake and Rodeo grounds (benches available). Continue on trail then, after two more benches on left, take second trail on LEFT. This short side trail takes you to a gravel road. RIGHT on the gravel road. After 10 meters there is a Rotary signboard on the right side.
13. LEFT at the signboard, through a concrete barrier on a gravel path. Cross paved road (Spruce Dr. unsigned) and continue on a path through woods signed to Sports Field and Campground (**6.0 km**)
14. Follow path. A path branches off to the left just before the sports field. Ignore it; continue straight ahead, pass a signpost to Campground, and follow the path around the fields and uphill. At a Rotary signpost, LEFT to Campground and Pedestrian Shortcut. Continue about 400 m to a large Rotary signboard on the left.
15. **Sharp RIGHT** downhill, **sharp LEFT** down 15 wooden steps signed Pedestrian Shortcut. RIGHT on trail at back of school grounds.
16. RIGHT at 'Y' junction to go around the Campground (**7.9 km**).
17. LEFT on dike trail, keeping Kicking Horse River on your right (8.2 km). Pass within sight of the Golden Secondary School and the College of the Rockies, Golden Campus.
5 km walkers rejoin the 10 km route.
18. RIGHT on 10th Ave S (Hwy 95) to cross bridge. Follow sidewalk as it curves left and return to start (**5.4 km / 9.9 km**).

We hope you enjoyed our walk!

If there are any problems with the instructions or the map, please contact:
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