



Volkssport Association of British Columbia CVF Director's Walk



Mill Bay PT 196
5 Km Trail rating: 1B

This walk begins at the Visitor Information Centre in the South Cowichan Chamber of Commerce. It is located at 2720 Mill Bay Road in the Mill Bay Shopping Centre (V0R 2P0). Turn onto Deloume Road off the Trans Canada Hwy to the Mill Bay Centre at the traffic lights near A&W. Turn right from south; left from north to the shopping centre. Note Deloume Rd is not easily identified on highway. The Information Centre is open Monday to Friday most of the year.

1. From the Information Centre, **LEFT** then **RIGHT** to follow sidewalk around shopping centre, passing Pharmasave to exit onto Deloume Road.
2. **LEFT** on Deloume Road to the Trans Canada Highway. Cross Deloume Road and cross the highway, continue on the right side of Deloume Road and veer **RIGHT** onto Barry Road walking on the pathway on the right side of Barry Road.
3. When the paved road ends continue straight ahead on a dirt trail. Follow the dirt trail to Shawnigan Mill Bay Road (1.0 km)
4. Cross the road at the crosswalk, turn **LEFT** and walk on the right shoulder of the road past the Ambulance Service Station. Just after the Ambulance Station veer right slightly and continue to walk alongside the road but now on a gravel path a little farther from the road. The path ends at a driveway to Sylvan United Church. At this point return to the shoulder of the road and cross a bridge over a stream.
5. Continue on the shoulder of Shawnigan Mill Bay Road, past Kerry Park Recreation Centre (washrooms inside) to Wilkinson Road. (1.7 km).
6. **RIGHT** on Wilkinson Road and continue until the paved road ends at a gravel trail leading to a bridge over a stream (2.5 km).
7. **Turn around** and return down Wilkinson Road for about 500 metres until the road bends right, there is a small parking area and a metal gate on the **LEFT**.
8. Go through the gate and follow the gravel path with tennis courts on the right side. Continue straight ahead on the trail until you reach the stream, turn right and follow the trail always keeping the stream on your left. After about 500 metres you will return to Shawnigan Mill Bay Road. (3.6 km)
9. Turn **LEFT** on Shawnigan Mill Bay Road, crossing the bridge over the stream, walking on the path beside the road, past the Ambulance Station. At Barry Road, **CROSS** Shawnigan Mill Bay Road on the crosswalk and return down the gravel trail.
10. Return down Barry Road, cross the highway and Deloume Road and return to the start point. (5.2 km)

We hope you enjoyed the walk!

If there are any problems with the instructions or the map, please contact:
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