



## Volkssport Association of British Columbia CVF Director's Walk



### Lake Cowichan PT082 Route "B" Floating Walkway 10 km Trail rating: 2B

**This walk qualifies for the CVF Trans Canada Trail Walking Program**

This walk begins at the Lake Cowichan Visitor Centre, Saywell Park, 125C South Shore Road. It is located in a log house in the center of Lake Cowichan, 1 km off Hwy 18 as you turn into Lake Cowichan; a straight drive down through the center of town. It is open from 10am to 4pm every day except Monday in the off season. Washrooms, parking, picnic tables available.

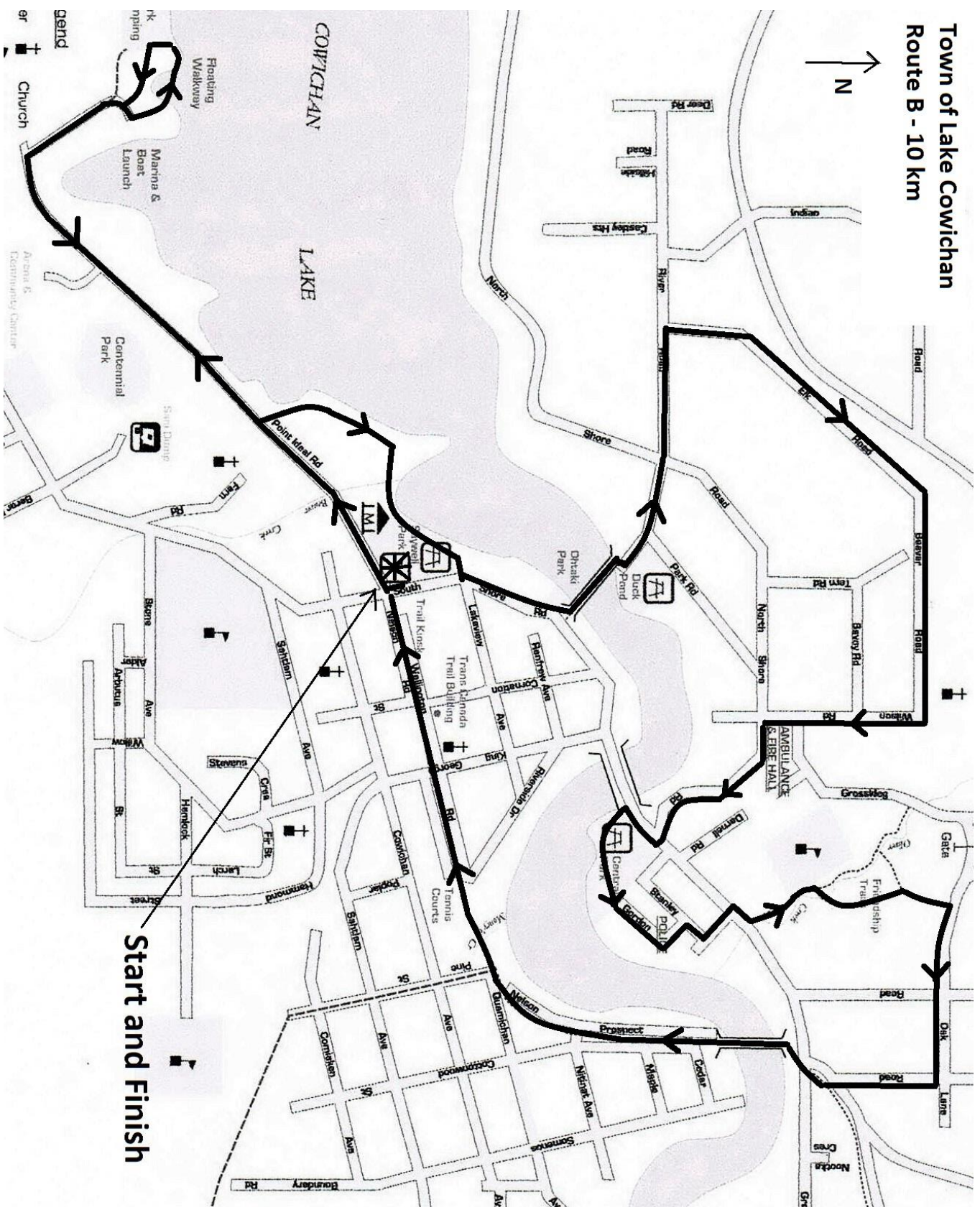
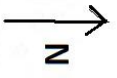
1. From the Visitor Centre, walk to South Shore Road. **R** to Point Ideal Road. **R**. Stay on Point Ideal Road as it curves to the right, **L** on a trail signed 'Floating Dock and Forest Trail'. Follow trail uphill (fence built on cement blocks on your right) to gravel road.
2. **R** on gravel road down toward Cowichan Lake. **L** along beach to trail and follow to metal bridge down onto floating wooden walkway. Follow wooden walkway along lake's edge back to shore trail. **L** on this trail to return to the main trail you used to get to the Floating Dock. **R** and return down original trail and gravel road, **L** by large concrete block onto trail, **R** at sign "Marina and Town" back to Point Ideal Road. (3.5 km)
3. Walk on Point Ideal Road to a trail on your left (beside park bench) that is signed 'Ted Burns Nature Preserve'. **L** on this trail, **R** at "Y" and follow to trail intersection at a dark green wooden building. **L** on this intersecting trail, keeping green building on your right, to the road (Kaatza Road - no sign). Cross this road and continue on path (lake is on your left) to Jakes at the Lake Pub at South Shore Road. (5.0 km)
4. **L** on South Shore Road passing #75 (Vet Clinic) and #71 (Hotel) on your left to a pathway. **L** on pathway to cross old CN bridge over Cowichan River to Kinsmen Duckpond Park. **L** on River Road (no sign), cross North Shore Road and continue uphill to Elk Road. **R** on Elk Road to Beaver Road. **R** on Beaver Road to Wilson Road. **R** on Wilson Road to North Shore Road. **L** on North Shore Road to South Shore Road. (7.3 km)
5. **Cross** North Shore and South Shore at crosswalks and **R** on South Shore to bridge. **L** just before bridge to enter Central Park on path and follow around the perimeter of the park (river on your right – washrooms available). **R** on Gordon Road, **R** on Stanley Road to South Shore Road. Cross South Shore and **R** to "Friendship Trail" on your left. **L** on "Friendship Trail". Trail curves to right to cross a small bridge. Continue up trail, passing a second bridge on your left, up hill to a paved road at top of this park (Oak Lane - no sign).
6. **R** on Oak Lane and continue to second intersection (Neva Road - no sign). **R** on Neva Road to South Shore Road. Cross South Shore Road and **R** onto a trail and follow to a big railway bridge over Cowichan River. Cross bridge and continue on trail (Trans Canada Trail), passing Trans Canada Trail information board (furthest point west on Vancouver Island for Trans Canada Trail) to A & W Restaurant on your left.
7. Cross South Shore Road, **R** and **L** to return to Visitor Centre. (9.8 km)

**We hope you enjoyed our walk!**

If there are any problems with the instructions or the map, please contact:

David Cattrall 250-598-4316, [david.cattrall@telus.net](mailto:david.cattrall@telus.net)

# Town of Lake Cowichan Route B - 10 km



Start and Finish

Church